Kangleipak ashida lai haloaba ki houraklon.

Lai haloaba haibasi mamangei epa epu singgi matamdagi lai haktaktagi toulakpa thoulam amakhkni . Thoulam ashi yamna luna lounarak i , mashi kum amagi oina khuldugi fattaba tinyetnaramba laiyetnaramba pumpa tintaibilamba laitaipilampa oiba thoulam amakhkni. Lai haloaba ki matang da puya ki latam singta asumla epilamme:

"lai haloaba asi kouppu epa asuppa masaikol lai kunta ahalppa ta ehan hanna hokkiye khnggo esu sa . Laiyam pumpa haloappa koulou singpum humni helaklaphou chinggu thangjing asuppa keke pokpa solalel , moilang pokpa laiingtou di ywde . chinggu kouppu epa asuppa na kaligino khllakpada asum mityeng samkeilakpada chinggu thangjing mafamta ti khukoi youlamde . masitaki chinggu kouppu epa na tampa anina tam tamna chinggu thangjing mafamta khukoi pinnapa thakhiye , chinggu thangjing mafamta khukoi youlapada chinggu thangjing na hailak e :he tampa ani chinggu kouppu mafamta hailucho matuti hantang kumsing kumja kidi ei laklaloi matang kumsing kumja ta oina laklage hylo hyba khukoi louhoutte . Chinggu kouppu na eigi mapham asidi nongdol ching awangba kallaga lakpa yamna khudong chatte atuna mathng lai haloaba ti tampak ta toulage hyna khnkhale ."

Lai haloaba asi gi toulam yamna sangge maduti:

1.lai ikhouktpa (amaipa ,amaippi ,miyam ga)

2.anam athou kokpa (amaipa na)

3.laita jagoi khuttek tamjampa (amippi na)

4.noasumlon(pena)

5.ayuk kolou anganpata yaikailol(pena)

6.nahei naseng (amaipa)

7.laipoa(amaippi)

8.lai khoilampa

9.laibou chongpa

10.laigi thoulam

Ashina chingba nungttigi soifadraba thoudang oina twwi

Lailoi numittati saroi khngpana chinga kaya ama twwe tinmmu laimmu su kalle hyna thachanei

Amaipa singgi thoudang (wahei ama ani khk)

:nahei naseng toupa ,anam athou kokpa ,usin sinpa na chingpa ta amaipa adum chngge

Amaippi singgi thoudang (wahei ama ani khk):

Laipoa Pippa ,laiggi jaggoi,laiggi oipa thoulam singda amaippi singna twwe

Pena:

Lai yaikeiba ,lai sumba ,tawaimi konsinba ,laigi esei sing ,jagoi ta pena aseiba sing yadapa yade

Thagatchalli .

Akhoi punna enat laining yokhatminnashi ashoi alal ywlapada mayam pumpana ngakpilammo

Lai ekouba

Lai yaikeiba

Laibou jagoi

lai nupi thiba /kanglei thokpa